

Aloha!

Beloved Lovevolution Retreat Participants, please read thoroughly.

We are profoundly excited to have you arrive here in Paradise, on-site at Lovevolution Retreat home in Haiku on beautiful Maui. The address is 620 Awalau, Haiku Hi, 96708.

It is New Eden here on the beach, & in the forest under the blue starry sky. The air is so fresh and clean, the ambiance seems to be smiling, and so will you! We'll be enjoying meditating, yoga, swimming, dancing, singing, feasting upon the views and fresh novel foods, meanwhile watching the sun rise and set which will knock your socks off (since you won't be needing socks) for the duration of what could be the most illuminating and inspiring trip of your life.

Though we are approaching maximum capacity, we wished to let you know that some spaces remain available. Also, day and evening passes are available to islanders.

Reserve at <http://dreamingbear.net/hawaiianretreats.html> or feel free to call 808-205-8117 if you have questions beyond those addressed online.

The nearest airport is Kahului, Maui with direct flights to many American cities. Participants retreat check in is 2- 5 pm on the start date with the opening ceremony at 5, followed by dinner at 6. Check out is by 12:00 pm on the last day, unless you opt to stay on as a vacation rental. All vacation rentals are welcome to come early and stay at \$50 per day.

WHAT TO BRING LIST:

Here's the Essential short list:

- water bottle
- river shoes or water sandals to prevent cuts from coral and rocks while swimming
- sweater for evenings
- sleeping bag for work trade and possible camping
- yoga or sleeping mat
- shorts and t-shirts
- swimsuit
- headlamp, flashlight and spare batteries

Optional Items:

- sunglasses
- camera
- musical instrument
- journal

Most Important 'Items':

- sense of humor
- wonder
- gratitude
- fun-loving kindness

How close are the nearest shops and towns? Raw restaurants and some shopping is available every day during the retreat on site for your pleasure and convenience. A general store is 1/3 of a mile (or .5 km) north along the road, complete with a public phone, gasoline, mail box, and a tropical fruit stand. The nearest town is Paia just 5 miles (8 km) to the north, while Kehei is 15 miles (24 km) to the south.

What is the closest airport? Kahului Airport is 35 minute drive from Camp Lovevolution.

Are there shuttles from the airport? How often and how much do they cost? Yes, there are a variety of shuttles to choose from. Please see the info below and/ or google for more results. We are asking all retreat participants to consider sharing the cost of a few vehicles, that way it's not too expensive for any one, & we can all car pool together. If you are willing to do this let us know!

Is it best if I rent a car? If you are independent by nature and/or would like to share many pleasant adventures exploring the island with friends who you will meet at Raw Spirit Maui, we recommend a car. If you are on an extreme budget, are international without a license or prefer other than driving, you may take the shuttle or hire a taxi.

Speedi Shuttle

150 Paahana St

Kahului, HI 96732-2457

(808) 242-7777

<http://www.speedishuttle.com>

Reservations must be made in advance by calling 1-877-242-5777.

What is included in the \$800 ticket price? Eight nights in magnificent Haiku and more than seven days of inspirational activities. See schedule information below. Also organic vegetarian delectable tropical fruit breakfasts are included and served daily.

Why is dinner not included? Due to the warm weather most notice a decrease in appetite. Moreover, some may wish to lose a few pounds for the new year, and others still may wish to cleanse their way to supernal health. For those who are fond of dinner, Paia offers many restaurants run by some of America's most loved chefs will be open on site to serve you as well as throughout the evening.

When does the early bird special end? The early bird was on Dec 22nd, if you have not paid the total by Jan 1st you are not eligible for the discount, if you need clarification please contact us.

How can I assure that I can buy a ticket before they sell out? There are only 15 spaces available and they may or may not sell out. Tickets are selling every day, so the best way to assure your place is to procure your ticket online now or as soon as possible. Feel free to call us if you would like assistance with purchasing your ticket on line.

Is it true that if one buys five tickets at once, the fifth one is 25% off? Yes! After buying your three tickets, please call us with the names of all four people, & one of them can get a 25% discount.

When does Lovevolution Maui begin? Unless you plan to arrive at an earlier date, check in is from 2 - 5 pm on the first day and a light dinner is at 6 pm.

When does lovevolution Maui end? The closing circle is at 10 am. Check out is from 10 – 12 pm on the last day, 2010 unless you are planning to stay on.

Can I come early and/or stay late? Yes! Many are opting to arrive early and celebrate with us on the beach. You are welcome to come as early to make the most of your flight to Maui. \$59 per 24 hours includes a simple raw vegan breakfast. You can pay online with the \$59 per day option. Please let us know which additional nights you plan to grace us with your presence.

What is the daily schedule? The daily schedule is posted on <http://www.dreamingbear.net>

What are some of the daily excursions? Several local trips to beaches, waterfalls, tropical fruit foraging, permaculture farms and more. Some of these trips may be gratis, others are trips that you would pay the guide for directly.

Is swimming, kayaking and snorkeling included? For liability purposes, swimming, kayaking and snorkeling are NOT included in the retreat itself; however, swimming options are plentiful via your stay. CAUTION: There is no life guard on the beach, so swimming is at one's own risk. The beach is generally relatively calm offering good snorkeling, swimming, kayaking and whale watching. Snorkelers may like to bring your own mask and snorkel. There are rocks and coral in many places under the water. Bringing and wearing river shoes or velcro rubber sandals is highly recommended to prevent scrapes.

What is the weather like? Located on the sunshine coast of Maui, the temperatures are in the 80s (high 20s Celsius) during the days with sunshine most of the time and 60s (high teens Celsius) at night.

We are Excited to Welcome You Home to New Eden Maui in just a few weeks!

With Love from
DreamingBear & Friends